



# Alliance for a Healthier Generation



**Maddy Moritsch, MS, RDN**

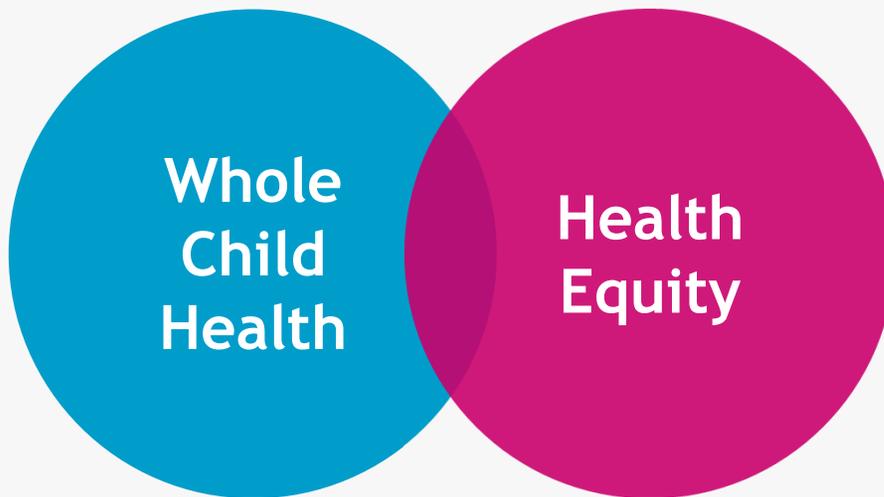
NATIONAL ADVISOR, WHOLE CHILD HEALTH



#### IMPACT STATEMENT

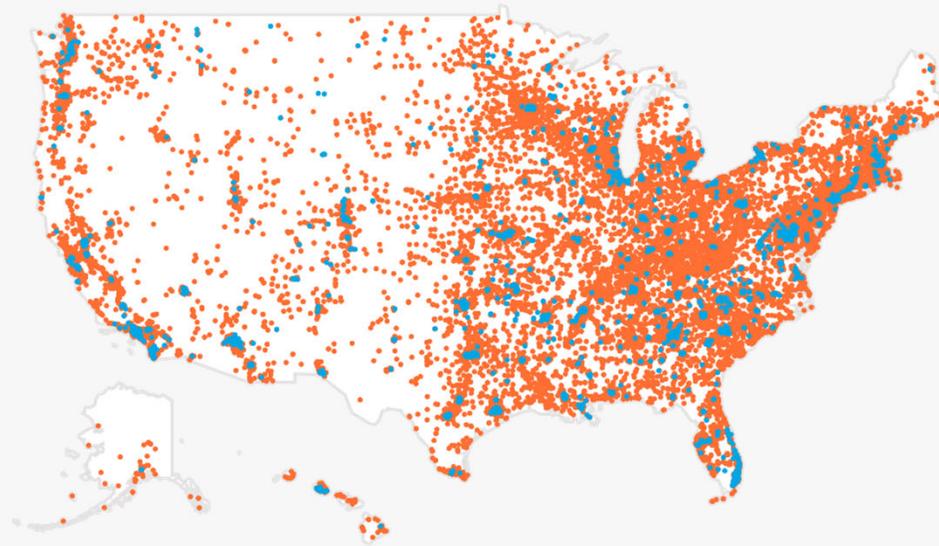
Every mind, every body,  
every young person  
healthy and ready to succeed

# Organizational Priorities



SPANNING THE NATION

# Healthier Generation's Reach



Over 53,000 schools, districts, and out-of-school time sites served by Healthier Generation programs to more equitably advance whole child health – 70% located in under-resourced communities (Title I)

# Healthier Generation In Action

HEALTHIER GENERATION'S APPROACH

# Integrate Health & Learning



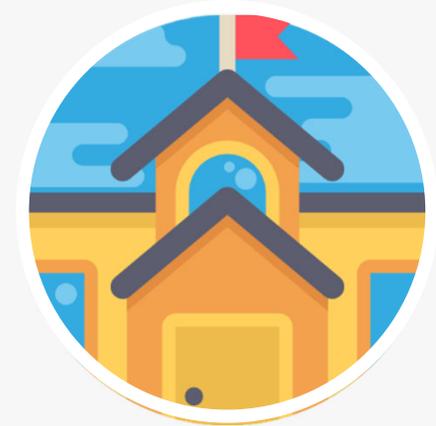
POLICIES



PRACTICES



SYSTEMS



ENVIRONMENTS

Improve policies, practices, systems and environments to increase physical and social-emotional health.



## What We Do

Convene and equip health, school, and community champions with an array of tools and resources that prepare them to equitably transform environments surrounding young people and their families.

ALLIANCE FOR A HEALTHIER GENERATION

# Healthier Generation Action Center

READY TO GET STARTED?



Join your organization's team to access

- Assessments
- Action Plan
- Awards
- And more!

Join a School

Join a District

Join Out-Of-School Time Site

Join another Organization

- School & District Team Access
- Evidence-based Best Practices
- Related Resources & Trainings
- Self-Paced & Flexible Experience

Contact us: (888) 543-4584 | [help@healthiergeneration.org](mailto:help@healthiergeneration.org)

# Assessment Topic Areas



Advancing Core Policies & Practices



Increasing Family & Community Engagement



Improving Nutrition & Food Access



Implementing Local School Wellness Policy



Enriching Health Education



Bolstering Physical Education & Activity



Strengthening Social-Emotional Health & Learning



Cultivating Staff Well-Being



Promoting Tobacco-Free Schools



Supporting School Health Services



Reducing Chronic Absenteeism



Addressing School Discipline



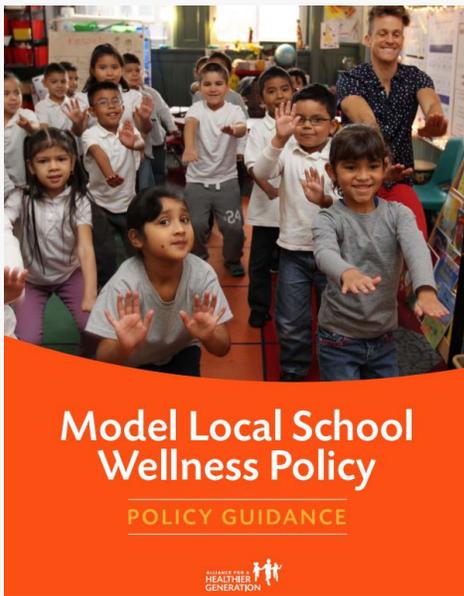
Fostering Positive School Climate & Culture



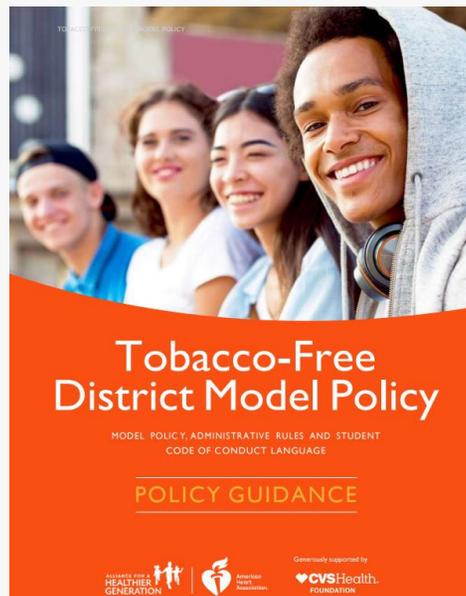
Building Staff Capacity

HEALTHIER GENERATION

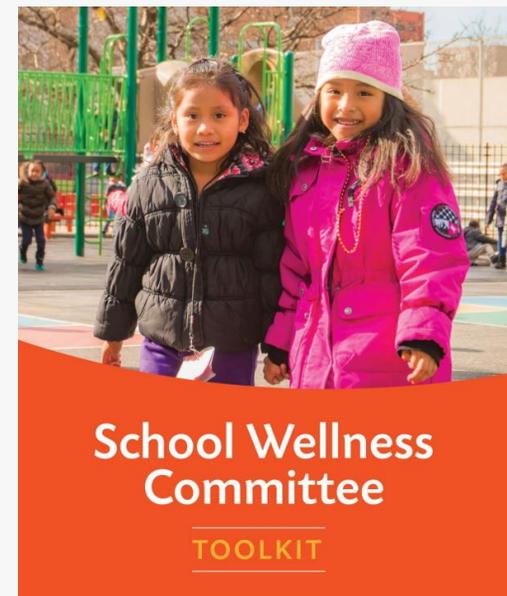
# Resources for Wellness Committees



Model Wellness Policy



Model Tobacco-Free Policy



Wellness Committee Toolkit

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# Resource Hub



Filling Your Cup:  
Comprehensive Self-Care  
Strategies Curriculum

On-Demand  
e-Learnings



Mapping Resources to Support Food  
Access

Topic Specific  
Resources

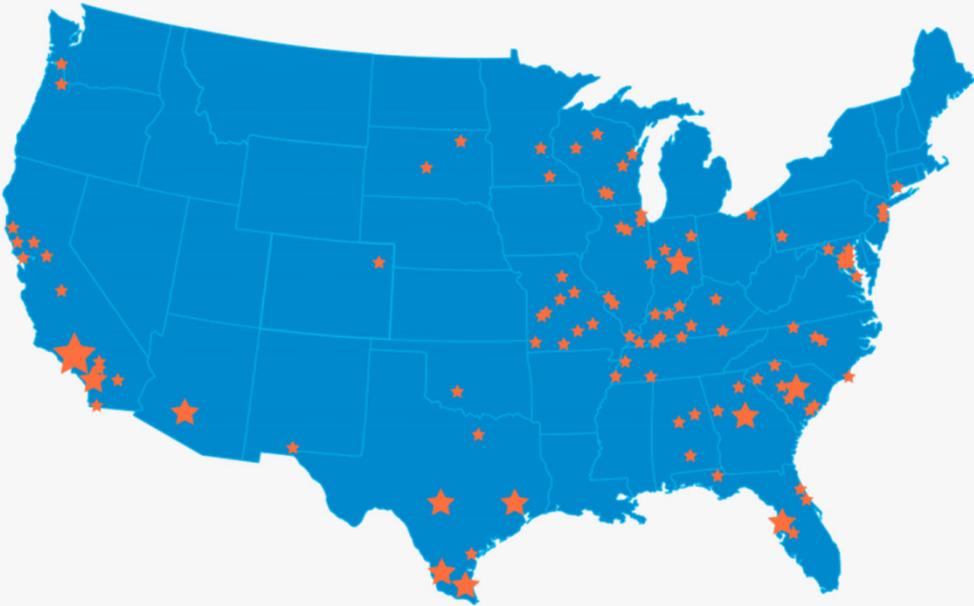


20 Family Bonding  
Activities  
español

Toolkits &  
Guides



# America's Healthiest Schools Award



# Getting Involved

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## Where to Start?

Research District Wellness  
Policies in your  
community

Join a district or school  
Wellness Committee

Advocate for evidence-  
based policies and  
practices

Provide resources to  
schools or districts



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