Module 1: Policy, System and Environmental Change (PSE)101

Comprehension Quiz

1. Which is NOT considered policy?
   1. Changing a school districts nutrition standards
   2. Educational pamphlet
   3. A local ordinance
   4. Resolutions
2. If a Champion Provider tried to change an organizational practice or internal way of doing things, which type of PSE change would they be working toward?
   1. Systems change
   2. Policy change
   3. Environmental change
   4. Education-based change
3. A shop owner voluntarily removes all advertisement for soda from its store windows, which change is the shop owner implementing?
   1. Policy change
   2. Environmental change
   3. Education-based change
   4. Systems change
4. What three commonalities do all policies have?
   1. Statements in writing, are binding, sets a general approach applied widely
   2. Statements in writing, sets a general approach applied widely, are voluntary
   3. Are binding, sets a general approach applied narrowly, are verbal agreements
   4. Statement in writing, are binding, applies narrowly
5. What role could a provider play if they desired to be central to the implementation of the intervention?
   1. Connector
   2. Amplifier
   3. Team Expert
   4. Leader
6. What role could a provider be considered as if they attended three task force meetings to provide their expert opinion to help design a policy?
   1. Connector
   2. Advocate
   3. Team Expert
   4. Leader
7. What PSE topic area would involve developing a community garden program?
   1. Healthy food and beverage standards
   2. Food security
   3. School wellness
   4. Safe routes to school
   5. Structured physical activity
8. What PSE topic area would be focused on adopting a transit agency policy to fund free or reduced-cost bus passes for low-income students?
   1. Healthy food and beverage standards
   2. Food security
   3. School wellness
   4. Safe routes to school
   5. Structured physical activity
9. What PSE topic area would adopt a policy to convert vacant land or underutilized parking lots into public open spaces?
   1. Healthy food and beverage standards
   2. Food security
   3. School wellness
   4. Safe routes to school
   5. Structured physical activity