

A Powerful Approach to Healthier Communities

## **CPF Model**

Liz Goldman, MD, MCR Wagahta Semere, MD, MHS Vanessa Thompson, MD UCSF School of Medicine







## **Objectives**

#### By the end of this training, attendees will be able to:

- 1. Recognize examples of PSE level interventions
- 2. Apply knowledge of PSE interventions to develop a community based action plan
- 3. Initiate partnerships between public health partners
- 4. Foster community and collaboration opportunities across Champion Provider cohorts
- Demonstrate effective written and oral skills for communicating about obesity and chronic disease prevention



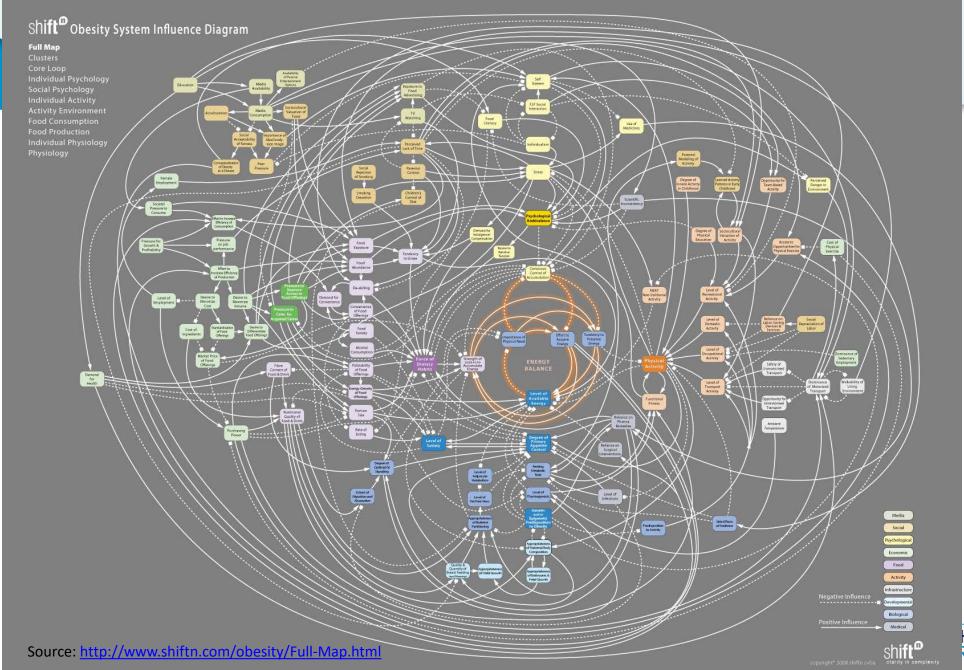
### **Disclosure Statement**

### The following presenters have no relationships to disclose:

- Sabrina Adler, JD
- Cara Hale Alter, MFA
- Rachel Borovina, MD
- Supervisor Wilma Chan
- Jessica Davidman, MPH
- Alicia Fernandez, MD
- Liz Goldman, MD, MCR
- Paula Hamilton, MS
- Paul Hsiao, DDS, MPH, JD
- Asbury P. Jones, MPA
- Caroline Kurtz, PhD

- John Maa, MD
- Michael Miller, BS
- Xavier Morales, PhD, MRP
- Caroline Peck, MD, MPH
- Alana Pfeffinger, MPH, CHES
- Hilary Seligman, MD, MAS
- Wagahta Semere, MD, MHS
- Vivi Stafford, MD, MPA
- Vanessa Thompson, MD
- Senator Scott Wiener







## **Call To Action**









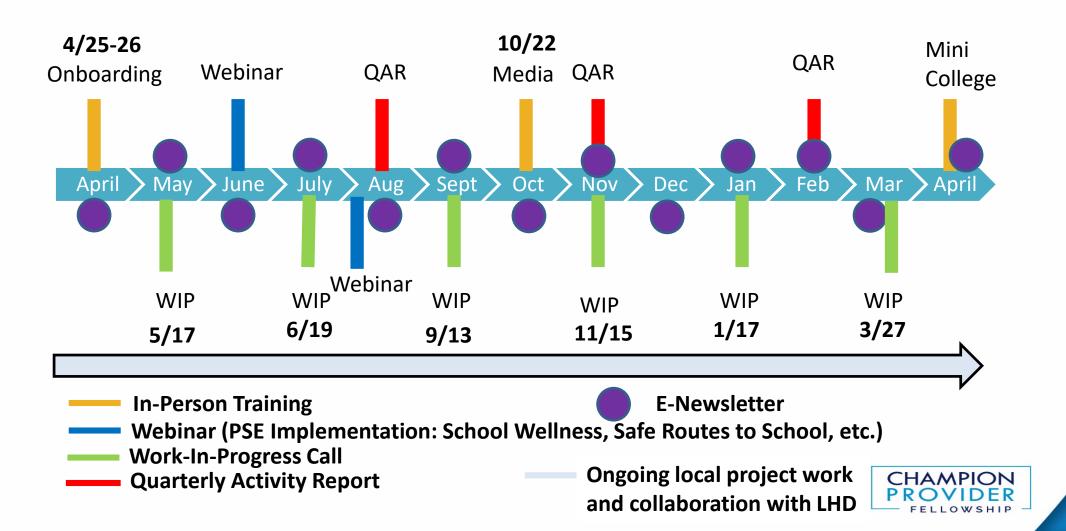


## **Initial Workgroup**

- CDPH
- UCSF Division of General Internal Medicine
- Brown Miller Communications
- Public Health Institute
- Los Angeles County Department of Public Health
- Kaiser
- California Pan Ethnic Health Network
- Latino Coalition for a Healthy California
- California Primary Care Association
- American Academy of Pediatrics
- American Academy of Family Physicians

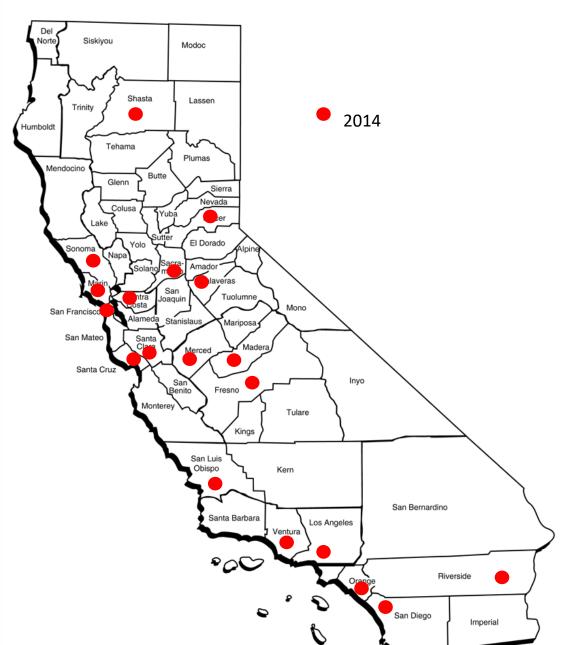


## **Model/Timeline**



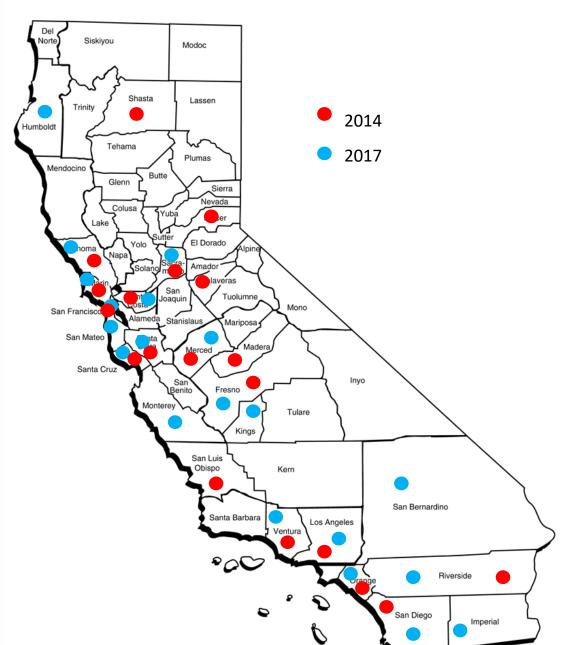
## Growth of the Champion Provider Fellowship

## **Distribution by County (2014)**



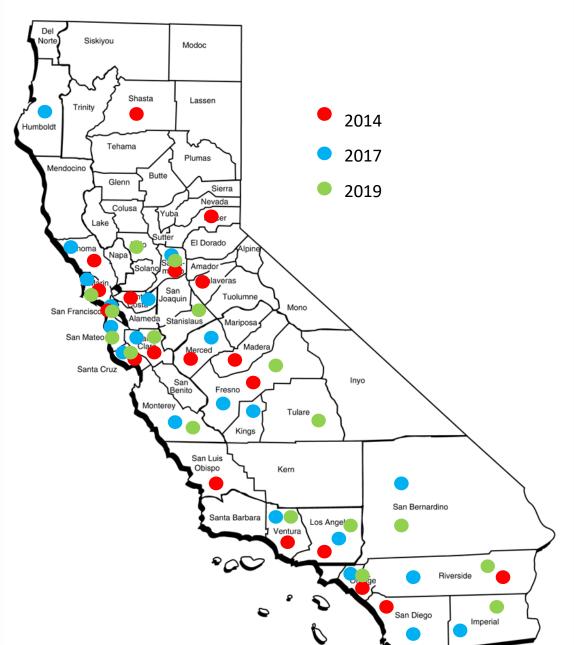


## **Distribution by County (2016)**





## **Distribution by County (2019)**





## **Distribution by County**

1. Alameda

2. Calaveras

3. Contra Costa

4. Fresno

5. Los Angeles

6. Madera

7. Marin

8. Merced

9. Orange

10.Placer

8. Riverside

9. Sacramento

10.San Diego

11.San Francisco

12.San Luis Obispo

13.Santa Clara

17.Santa Cruz

18.Shasta

19.Sonoma

20. Ventura

21. Humboldt

22.Imperial

23.Kings

24. Monterey

**25.**San Bernardino

26.San Mateo

27.Stanislaus

28.Tulare

**29.**Yolo



# Champion Provider Fellowship 2019 Cohort: By the numbers

# Raise your hand if you are a physician



## Physicians

20



## Raise your hand if you are a dentist



## **Dentists**

6



# Raise your hand if you are representing a local health department



## **Counties**

18



## **Counties**

## 3 <u>New</u> Counties



## **Counties**

- 1. Stanislaus
- 2. Tulare
- 3. Yolo



# Raise your hand if you are from Southern California



# 27%



# Raise your hand if you are from Central California (Valley/Coast)



# 50%



# Raise your hand if you are from the Bay Area



# 23%



## **RACIAL/ETHNIC BREAKDOWN**

- 31% Asian
- 31% White
- 15% Latinx
- 12% Southeast Asian
- 8% Black/African American
- 8% South Asian
- 4% Other



# Champion Provider Fellowship Team

## **Meet the Team – Project Staff**



Alana Pfeffinger, MPH, CHES



Jessica Davidman, MPH



Mike Miller, BS



Paula Hamilton, MS



Jackie Richardson, MIB, RD



Carma Okerberg, MPH, RD

## **Meet the Team - Faculty**



Dr. Vanessa Thompson



Dr. Alicia Fernandez



Dr. Liz Goldman



Dr. Dean Schillinger



Dr. Wagahta Semere



Dr. Caroline Kurtz





## **Quarterly Activity Reports**

- Upcoming Distribution Dates (Year 1)
  - August 5 (May July)
  - November 4 (August October)
  - February 3 (November January)
  - May 4 (February April)



MEDIA		FREQUENCY							
		Never	1x	2-5x	6-9x	≥ 10			
TYPE	Radio	0	0	0	0	0			
	Newspaper	0	0	0	0	0			
	TV	0	0	0	0	0			
	Blog	0	0	0	0	0			
	Social Media (LinkedIn, Facebook, Instagram, Twitter, etc.)	0	0	0	0	0			
	Other	0	0	0	0	CHAMPI			

## **Quarterly Activity Report**

- Media: (If available)
  - Media Name
  - Link to Media
  - Audience Reach
  - Demographics of Audience



OTHER ACTIVITIES		FREQUENCY					
		Never	1x	2-5x	6-9x	≥ 10x	
ACTIVITY	Educating policymakers	0	0	0	0	0	
	Provided testimony at a public forum. (E.g. city council or school board meeting.)	0	0	0	0	0	
	Attended a community meeting.	0	0	0	0	0	
	Organized a community meeting.	0	0	0	0	0	
	Met (by phone or in-person) with stakeholders (e.g. public official, school representative, non-profit organization, etc.)	0	0	0	0	0	
	Presented at a professional conference.	0	0	0	0	0	
	Started/piloted a program or intervention.	0	0	0	0	0	
	Communicated with my local health department.	0	0	0	O	THAMPI PROVID	

## **Activity Description**

## **Activity Description:**

- > Highlight partners
- **≻** Roles



## Reporting Dos © & Don'ts 🕲

Intervention Level

### **PSE**

- ✓ Policy
- ✓ System
- ✓ Environmental

mannented a group isit program that included a nutrition eas ation mponent.



## Reporting Dos © & Don'ts 🕲

Focus Area

**Obesity/Chronic Disease Prevention** 

- ✓ Healthy Eating
- **✓** Physical Activity

Techned before ress about expanding of Medicare Part D benefits for Tabetications.



