Module 2: Key Elements of Policy, System, Environmental (PSE) Change

Comprehension Quiz

For the following questions, please identify the key element that best matches the activity described.

1. You are reviewing the priority areas of local coalitions focused on Safe Routes to School to inform your PSE change initiative. Which key element would this best align with?
   1. Defining the problem
   2. Understanding the PSE landscape
   3. Mobilizing partners
   4. Educating the public and key decisionmakers
   5. Outlining a clear strategy for change
2. You are creating an action plan to help lay out the steps needed to achieve the goal of the local school board adopting a school wellness policy. Which key element would this best align with?
   1. Taking stock and leveling up
   2. Determining whether success has been achieved
   3. Defining the problem and goals
   4. Understanding the PSE landscape
   5. Outlining a clear strategy for change
3. You publish a blog on a popular news website about recent successes with your PSE change initiative to share lessons learned with others in the field. Which key element would this best align with?
   1. Mobilizing partners
   2. Educating decision makers and the public
   3. Understanding the PSE landscape
   4. Determining whether success has been achieved
   5. Defining the problem and goals
4. You are determining performance measures with your health department colleagues for tracking how well your initiative is achieving its goals. Which key element would this best align with?
   1. Determining whether success has been achieved
   2. Mobilizing partners
   3. Defining the problem and goals
   4. Understanding the PSE landscape
   5. Taking stock and leveling up
5. You and your health department colleagues are examining data from the CDC, the California Health Interview Survey (CHIS), and data collected by the health department to understand the prevalence of diabetes and heart disease among people aged 25 to 50 to inform which PSE change intervention to pursue. Which key element would this best align with?
   1. Understanding the PSE landscape
   2. Taking stock and leveling up
   3. Defining the problem and goals
   4. Mobilizing partners
   5. Outlining a clear strategy for change