

Champion Provider Work Plan

Facilitated by Liz Goldman, MD, MCR
Associate Professor of Medicine
Division of General Internal Medicine, UCSF
Zuckerberg San Francisco General

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1. Issue: *Childhood obesity & unhealthy food in after school programs*
2. Goal (identify the solution you would like to target): *Remove SSB's from after school programs*
3. Type of Policy, System, or Environmental Intervention: *Environment*

Decision Makers Are Not Only Stakeholders

4. Targets for Change (who will actually make the decisions?): *After School Program? School Board? Local School? Food vendors?*
5. Key Partners (list key organizations or stakeholders who are critical to influencing change): *Parents / PTA? School nurse(s)? Union? Statewide organizations? Food vendors?*

Think Broadly About Support and Opposition

6. Strengths/Assets/Supporters: *PTA dollars? Evidence re: SSB and obesity? PTA newsletter? Alternate Vendors? Communication ability?*

7. Barriers/Threats/Opponents (list expected opponents and barriers to desired change):
Kids? Parents? Staff? Vendors? Administration?

Strategies Outline the Big Picture

8. Strategies (identify key actions that will help achieve intermediate goals. Do these strategies help you work with your allies? Maximize support? Minimize opposition?)

- *Key parent conversations*
- *School Nursing Association/newsletter*
- *School newspaper*
- *After School Program meeting (once lots of support)*

Clear Goals with Timelines

Goals

1. Long Term Goal(s): *Eliminate SSB's in 50% of after school programs*
2. Intermediate Goal(s):
 - Within 6 months: *Have allies in place and assets/barriers/solutions identified*
 - Between 6-12 months: *Meet with School Board representatives*

Action Steps Are the Next Steps

Action Step	By Whom	By When	Resources Needed
In-person follow-up meeting with Local Health Department		July 30	Email of LHD contact (in syllabus)
Identify key parents in PTA by talking to PTA President		July 30	PTA president name and email
Arrange meeting with school nurse		Aug 15	School nurse name and email
Arrange meeting with after school Program Director		Aug 15	Program Director's name and email
Identify student with interest in this issue who wants to co-write article for school newspaper		Sept 1	School principal email address
Write article with student for school or local newspaper		Mid Sept	