



**CHAMPION
PROVIDER**
FELLOWSHIP

A Powerful Approach to Healthier Communities

**PAUL HSIAO, DDS, MPH, JD
PRIVATE PRACTICE (FRESNO
COUNTY)**

OWNER, SHIH-YEN PAUL HSIAO, DDS, MPH, JD, INC.

Funded, in part, by USDA SNAP-Ed, an equal opportunity provider and employer.



- ▶ Grew up in Monrovia, Liberia until 10 years old when civil war broke out
- ▶ UC Berkeley – BA in political science
- ▶ MPH Dental
- ▶ Finished JD with a Healthcare emphasis during my third year in dental school (UCSF)
- ▶ 4 years of research in dentin remineralization with a couple of research fellowships
- ▶ Chief resident - 2 year GPR program at UCSF Fresno
- ▶ Bought my own small office the day after residency 2015
- ▶ 2016-17 worked additionally in private practices and community clinics
- ▶ Bought my second small office in a tiny rural town
- ▶ 2017-18 Dental director of a mobile dental clinic servicing 100 miles around


MY PATH



- ▶ 2015 selected to American Dental Association's Institute for Diversity in Leadership (12 in the country)
- ▶ 2017 David Whiston Leadership Award (ADA gives out 2 a year)
- ▶ Jan 2017 appointed to California Dental Association Judicial Council
- ▶ 2017 ADA and CDA House of Delegate
- ▶ 2017-2019 UCSF Champion Fellow (I wanted to put my MPH to work)
- ▶ 2018 President of the Fresno Madera Dental Society (FMDS)
- ▶ 2016 co-founded Veterans Smile Day as a FMDS event
- ▶ Only dentist on the Fresno Oral Health Advisory committee since 2017 and Local Dental Pilot Project
- ▶ Mentor for the UCSF Fresno Junior Doctors Academy
- ▶ All of these positions helped me become a better and influential leader

SIGNIFICANT ACCOMPLISHMENTS



A close-up photograph of a silver stethoscope resting on a white surface, likely a doctor's coat.

**#1 - SYSTEM CHANGE: FRESNO
ORAL HEALTH ADVISORY
COMMITTEE (FRESNO RECEIVED AN
\$11MILLION GRANT FOR A LOCAL
DENTAL PILOT PROJECT)**



FRESNO ORAL HEALTH ADVISORY COMMITTEE – IMPROVE ACCESS TO CARE FOR KIDS WITH DENTI-CAL

Monthly meetings

- ▶ Dept. of Public Health
- ▶ Non-profits organizations
- ▶ Other people trying to get grants
- ▶ Other County Dept. of Public Health – listen in and use our ideas and resources
- ▶ Bring in ideas from Nutrition Education Obesity Prevention Program (NEOP)

Private Practice

- ▶ See Denti-Cal patients
- ▶ Understand patient needs including sugar, sweet, and beverage use (SSB)
- ▶ To promote the current Denti-Cal changes in reimbursement and education
- ▶ NEXT GOAL: STAY INVOLVED

GET DENTISTS TO TALK ABOUT SSB AND NUTRITION

NEW

- ▶ Get paid for nutrition counseling
- ▶ Started in January 2019
- ▶ Dentist slowly doing so

CHALLENGES

- ▶ Overcomes important barrier
- ▶ Dentists need education
- ▶ Dentists need resources: videos, pamphlets, etc.
- ▶ Takes a lot of time

System Change goal – improve oral health by increasing Denti-Cal utilization, increasing providers, and improving denti-cal benefit education.



BUILDING futures

A Publication of the Fresno Unified School District

PREPARING CAREER READY GRADUATES

District Welcomes Students Back

First Day of School



Teachers and staff welcomed students back to school on Aug. 14 on an opening day that launched a wide array of new programs and initiatives to support student learning in the coming academic year.

Wrote a small joint article with the County Health Officer – Dr. Ken Bird

Health Message from Dr. Ken Bird and Dr. Paul Hsiao

By Kindergarten, Half of Children have Tooth Decay

We have all heard advertisements for dental care that tell us that a healthy mouth is more than an attractive smile. The fact is, oral health is significant to our personal and public health. Not only is our mouth the portal to our digestive system, but it also serves a key role in our personal interactions and socialization, and is a major point of introduction of



By Dr. Ken Bird
Fresno County
Health Officer

infection and chronic inflammation.

Poor oral health in children can affect their well-being in a variety of ways through dental caries and periodontal disease. According to the U.S. Department of Health and Human Services, these diseases account for 5 to 10% of public health expenditures and are the fourth most expensive diseases to treat in the industrialized world.

Dental caries (also known as cavities) is a communicable disease that all ages are susceptible to. They cause pain and discomfort that affect nutrition, communication, socialization, and sleeping, all of which affect our overall health and well-being and can result in absence from school leading

to lower academic performance. It is critical that children see their dentist on a regular basis, as caries can be removed or their progression slowed down with more brushing and flossing. If addressed early, root canals and tooth extractions can be avoided.

The California Dental Association estimates that half a million California children missed school in the previous 12 months due to dental caries and that dental caries is the most common chronic childhood disease in the U.S. By kindergarten, 50% of California children have experienced tooth decay, and by third grade, that percentage is greater than 70%.

Parents are often unaware of the importance and value of baby teeth. Decayed

baby teeth hurt and impede the ability of the child to eat, drink, speak, sleep, and do well in school. If your child is on Medi-Cal and needs a dentist, we encourage you to call Free Dental Youth Services at (844) 421-3484 to schedule an appointment.



By Dr. Paul Hsiao
President of the
Fresno Madera
Dental Society


For more information about the public health aspects of dental care, visit <http://bit.ly/254P8SQ>.

Appeared on TV – KSEE 24 talking about Denti-Cal services in Fresno County



<https://www.yourcentralvalley.com/news/free-fresno-county-youth-dental-care-program-could-end-providers-worried/1884444693>

Denti-cal providers are starting to get paid for nutrition counseling as of Jan 2019 with CE course

A close-up photograph of a silver stethoscope resting on a white surface, likely a medical professional's coat.

**#2 - ENVIRONMENTAL CHANGE:
VETERANS SMILE DAY (A LOT OF
VETERANS DO NOT RECEIVE
DENTAL CARE AT THE VA BECAUSE
THEY ARE NOT 100% SERVICE-
CONNECTED DISABLED)**



VETERANS SMILE DAY

6 months of planning

- ▶ Vendors to donate supplies (Kerr, 3M, GSK, CDA Cares, Henry Schein)
- ▶ Providers to provide care
- ▶ Food donations
- ▶ Don't count on one source because you'll be disappointed

Results of event

- ▶ Volunteered a local dental building with 1 oral surgery and 2 general dentist office
- ▶ I did about 60% of the triaging starting at 6am
- ▶ 70-80 Veterans seen and also after care
- ▶ I've seen a few of these patients at my office for after care
- ▶ Fillings, extractions, dentures
- ▶ Approximately \$100,000 of care
- ▶ Dentists, oral surgeons, hygienists, family members, and front desk
- ▶ NEXT GOAL: SET UP A NONPROFIT

**Environmental goal -
providing dental care for
Veterans who can't afford it**

These are volunteer projects I do outside of clinical dentistry and it is my legacy to society at a larger scale.

CHAMPION PROVIDER FELLOWSHIP

A Powerful Approach to Healthier Communities

I'm just a small town dentist
with BIG DREAMS. 😊

Always have a plan B,
makes friends, and be
amazing.





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